Bede Academy South

Relationship and Sex Education Policy Summary

Part A : *(Generic Emmanuel Schools Foundation Statement)*

RSE is a vital part of the education of character underpinned by our Christian ethos. We want our students to practice the greatest virtue by loving one's neighbour as oneself 1. We consult with parents and carers to ensure this RSE policy meets the needs of children and parents and reflects the community served by your child's school. Teaching in RSE reflects the law (including the Equality Act 2010) as it applies to relationships, so that young people clearly understand what the law allows and does not allow, and the wider implications of decisions they may make. In the primary years, we provide 'Relationships Education' and also 'Sex Education'. In the secondary years, we provide 'Relationships and Sex Education'.

Our RSE programme will be:

- Age appropriate We protect children's innocence without compromise to clarity.
- In partnership with parents/carers We support parents discussing issues with their children.
- Pastorally sensitive We are aware of the diversity of views on moral issues.
- Consistent with our ethos We treat all of our students with care and compassion.
- Well planned and expertly delivered We communicate the facts clearly.

Part B: Students will constantly be reminded about pastoral/welfare support available.

Primary Years: A selection of questions explored in each year group. For the full plan click here.

EYFS: People and communities, making relationships and managing feelings.

Year 1: Who are we grateful for in our class and why? What is appropriate and inappropriate contact? How can we stay safe online? How do we handle negative emotions? How can small lies have a big impact? How can we learn from our experiences and try again?

Year 2: What reputation would you like to have? What makes each of us unique? Who looks after us in our community? What are the consequences of teasing or bullying? Not all thoughts we have about ourselves are true. How do we overcome challenges and difficulties?

Year 3: What should we guard our hearts from? What is love and what isn't love? How do we respond in an emergency? How do we build trust? How can we manage change well?

Year 4: How can we grow good characteristics? Who loves us? Who are the unseen heroes in our community? How do we fix broken relationships? How do we persevere and hold on to hope?

Year 5: Why do we need good quality sleep? How can we feel pressured by those around us? What can we do when we feel lonely? Who can we go to for help? What should we not share online? What strategies can we use to deal with bullying?

Year 6: Recognising the importance of commitment in marriage. How can we encourage others? What makes us different and how are we the same? How can we resolve conflict? How does the brain change during puberty?

Throughout students are encouraged to have confidence to seek support and express concerns.